

Middle School/High School Camp
July 19-22, 2009

- Girls entering 6th - 12th grade
- Campers will be placed in groups according to age and ability. Each group will train together under the supervision of a dedicated coach.
- Training techniques include an introduction to fundamentals, intensive skill training, position training, and competition.
- Option to commute or sleepover in the dorms
- Camp runs from 9am -9pm with breaks for meals

Camp Investment
\$410 (Sleepover Resident)
\$315 (Commuter)

Grade School Camp
July 12-15, 2009

- Boys and girls entering 3rd -8th grade
- Campers will be introduced to the fundamentals of the game including serving, passing, setting, attacking and defense.
- Camp runs from 9:00 am to 3:00 pm
- Lunch will be provided every day

Camp Investment
\$240 (includes a camp t-shirt and lunch)

Specialized Skills Camp

- Boys and Girls entering 6th-12th grade
- Hone your skills by specializing and maximize the benefits by single skill training
- Meals will be provided every day

Camp Investment
\$90 (includes a camp t-shirt and lunch)

Defensive Skills Camp
July 17, 2009 ~1:30 pm-- 7:30pm
Hitters Camp
July 18, 2009 ~9:00 am--3:00 pm
Setters Camp
July 18, 2009~ 9:00 am--3:00pm

Discounts

Multiple camps discounts!
Multiple students from the same school discounts!
For more information log onto www.lsvba.com

TEAM CAMP

Private Team camp available for High School
Varsity, JV or Freshman.
For Information call 773-508-8749

REGISTER ON-LINE
AT
WWW.LSVBA.COM
Credit Cards Accepted On Line

Reservation Information

To Register on-line:

-fill-out and return form electronically and pay by credit card

To Register by mail:

-Fill out and return the registration form along with the nonrefundable deposit.

Registrations will be accepted on a first come first serve basis in order to guarantee a spot at camp please return the registration as soon as possible.

**A Confirmation
Email will be
sent to you**

For Further
Information...
Log on to

www.lsvba.com

Send an a email
to Julie Wiejak at
jwiejak@luc.edu

Or call
773-508-8749

Registration Form

Name _____ Grade (as of 9/1/09) _____

Address _____

City _____ State _____ Zip _____

Camper Email _____

School Name _____ D.O.B _____

Parents Names _____

Home Phone _____ Cell Phone _____

Parents Email Address _____

T-shirt Size (Please Circle one):

(Women's Sizes) S M L XL (Youth Sizes) S M L XL

Make checks payable to: Lake Shore Volleyball Academy

Please enroll me as a :

_____ Middle/ H.S. Resident (\$410~ July 19-22, 2009)

Roommate Request: _____

_____ Middle/H.S. Commuter (\$315~July 19-22, 2009)

_____ Grade School Camp (\$240~July 12-15, 2009)

A Non-Refundable \$100 Deposit is due for the camps above to hold a spot -AFTER JULY 10, 2009 FULL PAYMENT IS DUE

_____ Defensive Skills Camp (\$90~July 17, 2009)

_____ Hitters Camp (\$90~July 18, 2009)

_____ Setters Camp (\$90~July 18, 2009)

A Non-Refundable \$45 Deposit is due for the camps above to hold a spot- AFTER JULY 10, 2009 FULL PAYMENT IS DUE

Please read and sign:

I authorize the staff of Lakeshore Volleyball Academy to act according to their best judgment in any emergency requiring medical attention. I hereby fully and forever release the camp, Lake Shore Volleyball Academy camp staff, and Loyola University Chicago from any liability for any injuries sustained while participating in camp. I have no prior knowledge of any physical condition that could affect my participation. Finally, I acknowledge that any damage to dorm rooms will be billed to the residents of the respective room.

Parent's Signature _____

Make checks payable to :

Lake Shore Volleyball Academy

Alumni Gym

6511 N. Sheridan Road

Chicago, IL 60626

Questions? Please contact Julie Wiejak at 773.508.8749 or jwiejak@luc.edu.

Tear this off and mail back to Loyola Women's Volleyball!!!!



Camp Directors



Marcie Wolbeck

**Head Women's Volleyball Coach
Loyola University**

Former Notre Dame standout Marcie Bomhack landed at Loyola in 2005 and made an immediate impact in her first year at the helm of the Loyola Women's Volleyball Program. The Ramblers roared through the conference tournament and clinched an automatic berth to the NCAA tournament for the 5th time in the program's history. In her tenure 5 Ramblers have earned All-Horizon League Honors including the 2006 defensive Player of the Year and 2005 Tournament MVP.

As a player, Bomhack helped the Fighting Irish to four NCAA Tournament appearances. Bomhack was named the 1998 BIG EAST Championship Most Outstanding Player, the only Notre Dame rookie to ever earn that honor and was an All-BIG EAST Second Team selection in 2000. Bomhack also competed at the highest level of professional volleyball in Barcelona Spain for Club Voleibol Sant Cugat during the 2002 season.

Wiejak, a 2000 graduate of Loyola, returns to her alma mater on the bench after a record-setting playing career. During her time in Rogers Park, Wiejak totaled 678 kills from her middle blocker position and was a force at the net on defense, finishing her career with 91 solo blocks and 297 total blocks. Wiejak brings extensive coaching experience at all levels and has strong ties to the Chicagoland volleyball community. She served as an assistant coach at DePaul for six seasons and has been active with both the High Performance Program - an extension of the governing body of USA Volleyball - and Elite Volleyball School.



Julie Wiejak

**Assistant Coach
Loyola University**

**Loyola University Chicago
Alumni Gym c/o Julie Wiejak
6511 N. Sheridan Road
Chicago, IL 60626**



Rambler Volleyball Camp 2009



League Champs
1995 1999
2000 2001 2002
2004 2005

NCAA Appearances
1995 1999
2000 2004
2005

Overnight Camp

~Middle /High School Camp~
July 19-22, 2009

Day Camp

~Grade School Camp~
July 12-15, 2009

Specialized Skills Camps

~Defensive Skills Camp~

July 17, 2009

~Hitters Camp~

July 18, 2009

~Setters Camp~

July 18, 2009